

NEWSLETTER

OCTOBER 2020

LESSONS I'VE LEARNED THROUGH COVID-19

COVID-19 has had so many negative effects on our lives. Things were suddenly taken from us...opportunities, jobs, school, travel, weddings, graduations....and we continue to process the loss of many of the things we had to let go of so quickly. We are people who are now hesitant to dream, cautious to believe, and afraid to hope too far into the future. Many are experiencing isolation, anxiety, and depression. Our foundation has been shaken, and we falter in knowing what to trust.

Thankfully, there are always good things that come through challenges. Here are some of the positive lessons that living through COVID has taught me that I hope I never forget.

Lesson 1: It's OK to Slow Down.

As our community shutdown, the pace of our life also drastically changed. Highway traffic slowed down, people moved at a leisurely pace in the grocery stores, and the

panic of "I need to be somewhere in 5 minutes" went away. We instead prepared meals and ate as families. We fixed puzzles. We planted gardens. We baked bread. We took walks. We improved our homes. We bought puppies. We reorganized our priorities, and most importantly, we built relationships.

Lesson 2: Our Educational Systems are Critical for Community Success

I am on my knees thankful that our children are receiving in-person instruction. It comes with significant challenges but that our children can learn with other children, interact with their teachers, play with their friends, participate in extra-curricular activities...I'm just so thankful! The amount of decisions the leaders and teachers in our educational systems need to make each day are exhausting, and they deserve an incredible amount of respect and grace from our community as they continue to

serve one of our greatest resources-our children.

Lesson 3: Invest in Community Amenities

Community amenities cost money. That's a fact. But they are what help make a community a community. Our community's amenities gave many of us an outlet and much-needed mental health breaks. Our bike trails were packed, our golf course saw golfers at all times of the day, and the Siouxnami was again a perfect attraction and outing for families. We missed our parks dearly when they were closed but appreciated them even more once that yellow caution tape was removed!

Lesson 4: Extra-Curricular Activities are a Gift

I will never, ever take a sporting event, play, or a music concert for granted again. To watch a child work hard towards something and then to be able to compete and perform is a gift and a wonderful opportunity!

NEWS & FASCINATING FACTS

About our Members

Lesson 5: Almost Anything You Need to Purchase Can be Found in Sioux Center

The Chamber would be remiss to not talk about the value of shopping local! Our community discovered that they didn't need to travel 60 miles to find the things they were shopping for. Many found safety, comfort, and excellent customer service by shopping locally and our stores

noticed! Mother's Day gifts, home improvement projects, school supplies...these were all things found right here in Sioux Center. Our local stores have served you well. Please continue to support these local businesses who pride themselves in meeting your needs!

COVID isn't over but thankfully,

the lessons learned aren't over yet either. The post-COVID world offers many possibilities, including a dramatically reorganized set of priorities and engagements. The greatest things rise from the hardest challenges. Sioux Center is and will be stronger and better as we continue to navigate this journey together!

City of Sioux Center's new wastewater treatment plant's ribbon cutting and open house was a great success! Many enjoyed the tours, refreshments and seeing how this facility will serve our community for many years to come!



OCTOBER

14 CHAMBER MEETING

Wednesday, October 14

12-1 pm

The Ridge Golf Club

Cost: \$10

Lunch catered by The Ridge Golf Club

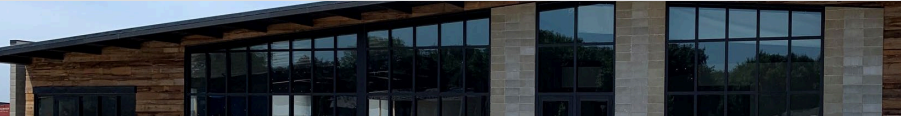
"Top 10 Things We Wish You Knew about Leading a School in a Pandemic"

Presented by Josh Bowar, Head of School at Sioux Center Christian School and Gary McElDowney, Superintendent at Sioux Center Community Schools.

All chamber members and their employees are encouraged to attend. No RSVP's needed.

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UPCOMING EVENTS

815 COMPLEX GRAND OPENING AND RIBBON CUTTING

Thursday, October 22

4:00 pm

815 Highway 75 North

Sioux Center, IA 51250

Join us at this event celebrating the ribbon cutting of these businesses:



Also hear an update from Vision Builders

Light refreshments
will be provided.



YOUR FUTURE @ WORK

Friday, January 8, 2021

Campus of Northwest

Iowa Community College

This event is designed for over 500 sophomore students to increase awareness of career opportunities available in Sioux County.

If your business is interested in participating as a presenter or with a vendor booth, please call our office for more information! 712-722-3457

A WARM WELCOME TO OUR NEW CHAMBER MEMBERS



Heartland Coffee & Nosh

712-870-0436

coffee.nosh@gmail.com

Their food truck is often seen in Sioux Center! Check out their schedule by visiting www.coffeeandnosh.com



Isakson Chiropractic

815 N Main Ave Ste 5

Sioux Center, IA 51250

712-722-0071

www.isaksonchiropractic.com

isaksonchiropractic@gmail.com

NEWS & FASCINATING FACTS

About our Members

LEADERSHIP SIOUX CENTER

We are excited to soon begin our 7th year of Leadership Sioux Center.

Congratulations to the following participants!

Ryan Boone Premier Communications
Laremy De Vries Fruited Plain
Zeke Ellis City of Sioux Center
Nate Fritz Pella Corporation
Andrew Geleynse Sioux Center Health
Jill Harskamp Sioux Center Community Schools
Erin Johnson E-rate Complete
Kelly Kamerman Entegro Health
Blake Kruger Peoples Insurance
Michelle McCord Interstates
Sam McLaughlin Northwest Bank
Jason Mulder M Design and Promotions
Keith Roghair Interstates
**Ben Rowe New Life Reformed Church -
Sponsored by American State Bank**
Melinda Scholten Promise Community Health Center
Josh Shetler Pottebaum and Van Bruggen, CPA's
Grant Stelling Compass Construction
Brent Town Sioux Center High School
Joel Van Den Brink Link Manufacturing
Nathan van Niejenhuis Dordt University



Sioux Center
chamber of commerce



Searching for...

MARKETING & COMMUNICATIONS COORDINATOR

15-20 hours per week

Responsible for over-seeing all marketing and communication aspects of the Sioux Center Chamber.

Click on the Job Board link at siouxcenterchamber.com to learn more

Send or email resume to

Barb Den Herder

303 N Main Ave

Sioux Center, IA 51250

barbdh@siouxcenterchamber.com

It was our pleasure to celebrate the newest addition to the Sioux Center trails with a ribbon cutting. The City of Sioux Center, Sioux Center Health and Vision Builders teamed up to add a beautiful bridge with the addition to the trails by the Woodridge development.



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About our Members



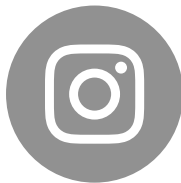
OCTOBER IS NATIONAL PHYSICAL THERAPY MONTH!

We encourage you to learn about the many benefits of Physical Therapy and how ProActive can help achieve your physical activity goals, and improve your quality of life.

Follow us on Facebook and Instagram to keep up with all the ProActive happenings and giveaways!



Facebook: @ProActiveIA



Instagram: proactive.pt.ia

ProActive is here to help you Get Active and Stay Active! Call us at 712-722-1902 to make an appointment.



GIVE IT A SHOT

Stay up-to-date on flu vaccine

DRIVE-THRU FLU VACCINE CLINIC

***PLEASE NOTE:** For the convenience and safety of our patients no walk-in's allowed. Please plan to attend one of the Drive-Thru Clinics.*

<p><u>SIoux CENTER CLINIC</u> North Parking Lot (Temporary Building)</p> <ul style="list-style-type: none"> • Sat, Oct. 3 9 am - 1 pm • Wed, Oct. 7 2:30 - 6:30 pm • Sat, Oct. 17 9 am - 1 pm • Wed, Oct. 21 2:30 - 6:30 pm 	<p><u>HAWARDEN AND HULL CLINICS</u> Parking Lot</p> <ul style="list-style-type: none"> • Sat, Sept. 26 9 am - 1 pm • Sat, Oct. 10 9 am - 1 pm
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We can file to your insurance. Self-pay cost for the flu vaccine:

- \$46 - 6 months and older
- \$87 - high dose vaccine recommended for individuals 65 years and older
- Flu shots are effective for 1 year
- **Flu shots will be available as supplies last**

FOR FASTER SERVICE, fill out the consent form in advance and bring it with you, along with a copy of your insurance card. The consent form can be found at siouxcenterhealth.org under Family Medicine/Clinics.

If you can't make one of the Drive-Thru Clinics, please schedule a nurse visit by calling Sioux Center Clinic (712) 722-2609 | Hawarden Clinic (712) 551-1000 | Hull Clinic (712) 439-1315



Sioux Center Health
An Avera Partner



Omelet Breakfast

Join Center Fresh in celebrating World Egg Day!

**Mark your calendars for
Friday,
October 9!**

What an "EGGCELLANT" way to start your morning off with a good breakfast and test your knowledge about the Incredible Egg!

Come to Terrace View Event Center for a FREE breakfast consisting of made to order omelets, fruit, drink, and our trademark fried egg cookies!!

ALL TO CELEBRATE WORLD EGG DAY!!!

There will also be a great photo op for a selfie in our egg chair! Serving from 7am-9:00am

See you then!



CENTER FRESH GROUP

241 ST. ANDREWS WAY | SIOUX CENTER | 712-722-0132

NEWS & FASCINATING FACTS

About our Members

OCTOBER 2020 LIBRARY ANNOUNCEMENTS

The public is encouraged to attend the book discussion for One Book, One Sioux County on Monday, October 19 at 7:00pm at the Sioux Center Public Library. This year's selection is *Black River* by S.M. Hulse. The library has multiple copies available so pick one up now to read prior to the discussion date! The live virtual event with the author will be held on November 5.

The library is looking for vendors to participate in their annual Holiday Boutique to be held on Saturday, November 21. Cost for a booth is \$25 with the proceeds going toward the summer reading program. Registration is now open at: <https://siouxcenterlibrary.librarycalendar.com/events/ab-holiday-boutique>.

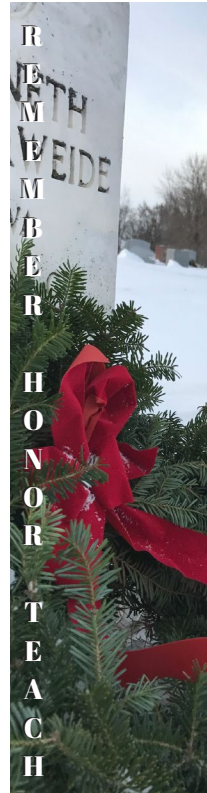
Two adult book clubs will be held at the Sioux Center Library this month:

1. Young at Heart Book Club will be held on Saturday, October 3 at 10:00am.
2. Shelf Discovery Book Club will be held on Saturday, October 17 at 10:00am.

The public is invited to join us for both of these discussions! Contact the library for more information!

StoryTime will be on Site: at Holland Flower Farm on October 6 at 10:00am. Parents can take their children for fun farm stories and songs just outside of Sioux Center. Registration is very helpful and is on their website calendar at www.siuoxcenterlibrary.librarycalendar.com.

Does your 5th-8th grader love Harry Potter? Then have them join the gals at the Sioux Center Library on Thursday, October 29 at 6:30pm. We'll have a fun evening of magic and wizardry, food, crafts, and more. Costumes are encouraged and registration is required through our online calendar at: www.siuoxcenterlibrary.librarycalendar.com.



Support Sioux Center Wreath Across America!

THURSDAY, NOVEMBER 19
SIOUX CENTER CULVER'S

All donations and 10% from the day's sales will go towards Remembrance Wreaths being placed in Sioux Center and Carmel Cemeteries on Saturday, December 19, 2020 at 11:00 AM at First Reformed Church in Sioux Center. Volunteers will be present from 5-8PM. Learn more at siouxcenterwaa.org



Discover fiction and non-fiction, award-winning titles that will stir the imagination and make children say, "Read it again, please!"

SHOP BOOKS FOR ALL AGES



Sioux Center Health
 An Avera Partner



COME TO THE USBORNE BOOK FAIR

WEDNESDAY, OCTOBER 28

10 AM – 3 PM

SIOUX CENTER HEALTH'S TOWN CENTER

Choose from almost 2000 bright colorful and fun title books from one of the leading children's publishing companies. They are high-quality, innovative, lavishly-illustrated, and best of all they have a wide variety of subjects for kids to love and read.

If you can't make the Book Fair, shop now until October 31

by visiting <https://a1336.myubam.com/1797128>

(Please mark Sioux Center Health as the organization when you check out)

Proceeds of the sale will go to Early Childhood Center for the purchase of new books for their classrooms.

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About our Members

Who believes professionalism is important in the work place?

WE DO.

Join us for Promise Pros Training

<https://promisechc.org/do>



Promise Community Health Center is excited to announce employee retention speaker and trainer, head hunter, human resources professional, father, coach, martial artist and U.S. Army veteran, Jeff Kortes.

Join our Promise Community Health Center Team to listen and learn from Jeff about C.R.A.P. (Caring, Respect, Appreciation and Praise) in the work place! Drawing on decades of front-line HR experience, Jeff speaks on employee retention, worker recruitment, workplace culture & the emerging generation.

Jeff's unique insight enables participants to leave his sessions with actionable steps to begin building employee loyalty and to drive employee retention in their department or organization. Jeff's presentations inspire audiences to take immediate action that strengthens their organizations' workforces.

Tuesday, November 17, 8am to 12pm

- Terrace Event Center in Sioux Center
- \$50/ticket
- Light breakfast will be served
- Social Distancing and precautions will be taken at the event
- Fill out the form online and submit to register today!

FAMILY CRISIS CENTERS' PERSONAL CARE DRIVE



OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Join us in donating these items this month:

Hand Soap	\$10 Gas Gift Cards
Dish Soap	Shampoo
All-Purpose Cleaner	Conditioner
Toilet Paper	Body Wash
Kleenex	Laundry Detergent
Toilet Bowl Cleaner	Deodorant
13 gallon garbage bags	

Drop off at any local bank from October 1 - 31

Member FDIC



WEDNESDAY, OCT. 7 ■ 3PM TO 6PM

PROMISE COMMUNITY HEALTH CENTER

DRIVE-UP FLU VACCINE CLINIC

no appointment necessary - park in the designated parking spots in our east side parking lot



- ✓ **FREE** flu shots for youth 18 & under (if eligible)
- ✓ \$25 flu shots for adults
- ✓ Insurance is accepted

FREE DAIRY QUEEN ICE CREAM WITH EVERY SHOT!



33 4th St. NW, Sioux Center, Iowa
712.722.1700 | promisechc.org